

# November is Pancreatic Cancer Awareness Month

## It's time to fight pancreatic cancer



### GET THE FACTS:

- Pancreatic Cancer is **4<sup>th</sup> leading cause of cancer death** in the U. S. yet **11<sup>th</sup>** in research funding. In 2011, National Cancer Institute spent 2.3% of its \$4.3 billion research budget on pancreatic cancer.
- **Each year, 37,000+ Americans are diagnosed;** 33,000+ die, making pancreatic cancer more deadly than prostate and close to breast cancer.
- **Five-year survival is less than 6 percent.**
- Pancreatic cancer is currently 48 times more deadly than AIDS and 17 times deadlier than breast cancer (based on life expectancy, and five year survival rates), which are now 94% for AIDS and 89% for breast cancer.
- **73% of patients diagnosed will die within a year of diagnosis.** Though pancreatic cancer kills twice as many Americans than AIDS, **it receives 39 times less funding for research.**
- **There is no commonly used screening test for pancreatic cancer.** Congress must make appropriations to the Center for Disease Control to develop a nationwide screening system. Currently, \$0 is in the CDC budget for pancreatic cancer.

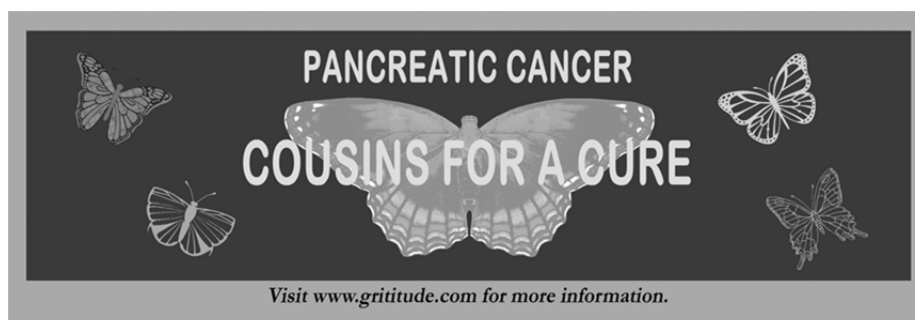
### KNOW THE SIGNS/Risk Factors/Symptoms

**Pancreatic cancer is silent and sneaky.** There are no early detection methods.

- Family history of pancreatic cancer
- Lack of appetite, sudden weight loss
- Sudden onset diabetes or sudden change in blood sugar control in diabetes
- Change of color in urine or stool
- Indigestion, nausea, vomiting
- Abdominal/Back pain
- Chronic pancreatitis
- Jaundice
- Fatigue

**And remember...don't smoke!**

*Cousins for a Cure is not a non-profit organization or business entity. We are simply friends and family, cousins, doing what we can to raise awareness of pancreatic cancer to help one of our own. Cousins for a Cure is striving to increase awareness of this devastating cancer. Our cousin, Diane, who is fighting this monster, and has coined a new word "GRITITUDE" (Girls Raised in the South with Attitude). Jean Evans Gregory, designer of the butterfly logo on the bookmark says, "The reason that I chose a butterfly for the design is because the butterfly is a symbol that is widely accepted as representing a strong spirit. This butterfly represents our strong Diane. The butterfly makes a long and dangerous journey. It has to be strong spirited and lucky too in order to reach its destination. Our Diane is one of the luckiest people I know and she is strong spirited ... and as beautiful as any butterfly." There are items (cards, prints, posters, stickers, and iPhone & iPod Cases) bearing the "GRITITUDE" logo designed by Jean Gregory Evans that may be purchased at [www.redbubble.com](http://www.redbubble.com).*





Pancreatic Cancer Awareness Day in Macon County

November 15, 2013

5:00 p.m. – Downtown Gazebo

Special Music	Barry Clinton & Friends
Welcome	Kevin Corbin – Chairman, Macon Co Commissioners Bob Scott – Mayor Elect, Town of Franklin
Recognition of Special Guests	Theresa Ramsey
Prayer	Rev. David Beam, First UMC, Franklin
Moment of Silence	For those still fighting and those who have lost the battle
Special Speaker	Kandy Kelley, Pickens County SC, Coroner
Upcoming Event/Fundraiser	Coach Tom Raby's Players & Friends
Closing/Challenge	Voice of Diane Ramsey, Honorary Chairperson



**What Can You Do?**

- Wear Purple Ribbons in November and tell your friends
- Get informed – go to [www.grititude.com](http://www.grititude.com) for links to important sites or to donate on-line
- Donate today! Honorary Chairperson Diane Ramsey Forsyth requests for donations (tax deductible) to be made payable to:

MGH Cancer Center (*earmark "pancreatic cancer" on check "for" line*)

Mail your donation to:

MGH Cancer Center Development Office  
c/o Andy Kitaff  
165 Cambridge Street, Suite 600  
Boston, MA 02114

*Diane's doctor, David Ryan M.D., is the chief of Hematology/Oncology at Massachusetts General Hospital Cancer Center. Donations to the center will be earmarked for Pancreatic Cancer Research. Visit [www.massgeneral.org/cancer/](http://www.massgeneral.org/cancer/) for more information.*