### November is Pancreatic Cancer Awareness Month

# It's time to fight pancreatic cancer 🙏

## A GET THE FACTS:

- 4<sup>th</sup> leading cause of cancer death in the U.S. yet 10<sup>th</sup> in research funding.
- Estimated this year, 46,420 Americans will be diagnosed; 39,590 will die.
- Five-year survival rate is less than 6 percent.
- 73% of patients will die within a year of diagnosis. While overall cancer incidence and death rates are declining, pancreatic cancer is increasing and is projected to become the second leading cause of cancer death in the US by 2020.
- No early detection methods; treatment options are extremely limited.

### \*\* KNOW THE SIGNS (Symptoms/Risk Factors):

- Family history of pancreatic cancer
- Lack of appetite, sudden weight loss
- Sudden onset diabetes
- Change of color in urine or stool
- Indigestion, nausea, vomiting
- Abdominal/back pain
- Chronic pancreatitis
- Jaundice / Fatigue

#### **₹ WHAT CAN YOU DO?**

- 1) Wear purple ribbons in November tell your friends
- 2) Get your town and county officials to declare November as National Pancreatic Cancer Awareness Month!
- 3) Get informed go to www.grititude.com or www.pancan.org
- 4) Donate today in memory of Diane Ramsey Forsyth! Go on-line or write tax deductible check payable to:

Dr. David Ryan Pancreatic Cancer Research
Massachusetts General Hospital Cancer Center Development Office
c/o Andy Kitaff, 165 Cambridge Street, Suite 600, Boston MA 02114
http://www.massgeneral.org/cancer/

